

Where can I find more information about sensory processing?

Books for Parents

- Raising a Sensory Smart Child - Lindsey Biel & Nancy Peske
- The Whole-Brain Child - Daniel Siegel & Tina Payne Bryson
- Tools for Tots: Sensory Strategies for Toddlers and Preschoolers - Diana Henry, Maureen Kane-Wineland, & Susan Swindeman
- The Yes Brain - Daniel Siegel & Tina Payne Bryson
- The Out of Sync Child - Carol Stock Kranowitz
- Sensational Kids - Lucy Jane Miller
- Too Loud, Too Bright, Too Fast, Too Tight - Sharon Heller
- Uniquely Human - Barry Prizant

Books for Kids

- When Dragons Get Mad - Pamela Little-Hayes
- We're Amazing, 1, 2, 3 - Leslie Kimmelman
- What Should Danny Do? - Ganit & Adir Levy
- Wiggles, Stomps, and Squeezes Calm My Jitters Down - Lindsey Rowe Parker
- Headphones - Kira Elbeyli
- Breathe Like a Bear- Kira Willey
- My Body Sends a Signal - Natalia Maguire

Podcasts

- Sensory W.I.S.E. Solutions
- Let's Get Sensory
- The Neurodiversity Podcast
- The Autism & Sensory Parenting Podcast
- Sensory Matters
- The Uniquely Human Podcast
- Living a Sensory Life



Where can I find more information about sensory processing?

Websites

- STAR Institute - <https://sensoryhealth.org>
- The Mighty - <https://themighty.com/explore/>
- Child Mind Institute - <https://childmind.org/article/sensory-processing-issues-explained/>
- Lurie Children's - <https://www.luriechildrens.org/en/specialties-conditions/sensory-processing-disorders/>
- For therapists: Learn Play Thrive - <https://learnplaythrive.com>

Community

- Tuesday's Child
- Art Institute of Chicago - <https://www.artic.edu/visit/accessibility/visitors-with-autism-or-sensory-processing-disorders>
- Sensory bags available at many museums and venues
- "Sensory friendly" apps at many museums and attractions
- Sensory Facebook groups

Instagram Accounts

- @biglittlefeelings
- @sensory.slp
- @thesensoryproject208
- @funandfunction
- @sensory_therapist
- @brookeweinst
- @resilientlittlehearts

